"Lil" Bit of Country Gourmet Chow-Chow A Beauty Must	
A Kitchen Must	
AbbVie	5
Ace JewelryActi-Labs	
Advanced Dermatology and Skin Cancer Asso	
	9
Advent Consulting	
African Shea Butter Etc	
AIR Artsy Accessories	5
Airbrush Makeup MagicAlabama Mountain Lakes Tourist Association	
Alabama Tourism Department	
All Natural Dips / Elite Enterprise US LLC	
Allegiant Air  America's Incredible Pizza Company	
American Kidney Fund	
AprilDawn Designs	1
Arkansas Delta BywaysArkansas State Parks	
Ashley Deramus Foundation	
At Home	
At Home Memphis Mid South & Justine Media	
ATI Global LLC	
Attractive Life	
AWB Promotions	
Banded	
Bakers Life	
Bath Fitter Better Body Memphis	
Bio Chem	8
Body for Life	
Boho city	
Brookfield Properties	1
Button and Flower	
Carriage Crossing	
Ceed Fragrances	9
Chef Federico/Galibelle Shoes & Funny Bricks Chou's	
Cigma Inc	
Click it Hot	
Cordova Medical & CosMedic Solutions Country Cottons	
Cutco Cutlery	
Damsel in Defense	
de la Belle Wellness & Spa DeGray Lake Resort State Park	
Diana Mineva /handmade arts/Services	
doTERRA Essential Oils	
Eccentric CatEdward Jones Mark Louderback, Financial A	
	6
Edwards Enterprises LLC DBA Rainbow	
Elite Cosmetics	
Emerald Coast CVB Destin - Fort Walton Beach F	L5
Essential Bodywear "the Bra Lady"	
Exquisite Collections Inc - Bamboo Pillows Exquisite Collections Inc	
FASHIONABLE	1
Fifi Henri Designs	
	1
*SUBJECT TO CHANGE. CURRENT AS OF 2/15/17	

Foot Pain DBA HappyFeet	306	My Sister and Me	156	Sterling	637
Foot Shox	800	mystuff		Southern Belle Originals, Inc	
Fricaine		Naturally Yours		Southern Lovin	
Frontier Country Marketing		Nina's Boutique		Southwest Tennessee Community College	
German Roasted Nuts		Nothing Bundt Cakes		Straight For You	
Glitz Galore-N-More		Ocean Threads		Streamsmart Electronic's	
Gould's Spa & Salon		Ovarian Cancer Awareness Foundat		Tanger Outlets Southaven	
GRAPES&OLIVESONTAP-InfusedOlive		Ozark Gateway Tourist Council		Tara at Home	
handline		Pain Free Products		Taspens Organics	
handJive		Painting with a Twist		Tasty Creations by Temple, Inc.	
HealthSmart Foods, Inc		Panama City Beach CVB		Tea BARR Co Tender Corporation	
Healthy For Life Tour HEVC Box		Paparazzi Accessories Peace of Thread		TN Lottery	
Ideal Image Memphis		Perfect Fit Toe Rings		The Golden Touch	
iHeart Media		Perfectly Posh		The LASIK Vision Institute	
ILoveKickBoxing.com		Pink Coconut Boutique		The Mosquito Authority	
INCAHOOTS Custom Jewelry		Pink Zebra		Thirty One Gifts	
Inez Avon Shop		PinkPowderParlor		Thomas & King Footwear	
InteleTravel		POPPIN Chicago Style II, LLC		Top Secret Haircessory	
It Works! That Crazy Wrap Thing!		Prostylz Tumblers		Tri-ImageFaces	
JAM Sales - Stove Top Grill		Pull to Fit / Extend to Fit		Tri-Pennant Family of Resorts	
Jellybeans Salon & Wig Boutique		Pure Romance		TrueStim	
Jen's Traveling Boutique		Range USA	215	Tuff Shed	908
Just4u Jewelry by K.Zech	604	Redeemers Group	166	University of Memphis - FitKids	212
Kay's Art of Millinery	732	Regional One Health	530	University Vascular Access Care	311
Kroger	532	Renuva-Nails	131	Usborne Books & More	926
L'core Paris Ilc	214; 633	Rose Fashion Accessories, Inc	830	Walgreens	900
LeKeith Sauces	737	Rosemark Easy Meals	171	WHBQ	
LimeLight by Alcone		Salena's Accessory Showcase		Wootton Family Chiropractic	
Lipsense by Senegence	670	Sales R Us Inc.	835	Work Of Art Models	
LuLaRoe		Sam's Club		World's Softest Socks	
Luxury Bath/WeRBaths		Save Energy Soultions, LLC		WOW! JF23 Soothing Therapy Oil	
Madonna Learning Center		Scentsy Wickless Candles		WREG-TV News Channel 3	
Bar - West Pavilion Hallway Main St		Screenmobile of Memphis		Xtreme Teeth Whitening LLC	
Mara Styles		Seal Smart		Younique	
Memphis Light, Gas & Water		Shea's Wildflower Company		Zipfizz Healthy Energy Drink Mix	
Mercy House Teen Challenge		Simply Divine Ministries		Zor Signature Designs	ZU4
Merry Blu Boutique		Simply Tops			
Mix It Up Modere		Sleep Number Smith Wright & Company dba Trinl		FOLDING	
MojiLife			KET2 & DAMNIES III	TOOMING	
Mrs. B's Flavored Honey		SHOW ENTRANCE	/	STAGE	
WIS. DS Flavored Horiey			\ <u>`</u>		
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			STAIRS	903 902 904	
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& MENS 136 138 140 142 144 146 148 150	0 152 154 R	600 602 604	632 634 6	ENTRANCE 1008	
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# MARCH 10-12

show specials celebrities

## at the agricenter

tickets \$10 at door, \$5 for kids

**fri** 10a-8p **sat** 10a-7p **sun** 11a-6p





**LAURIE HERNANDEZ** olympic gymnast, on saturday



**TEACHERS DAY** on sunday

### SOUTHERNWOMENSSHOW.COM DIFF















#### **PRIZES & GIVEAWAYS!**

The first 100 quests each day will receive a tiara. We will be giving away a \$20 Kroger gift card every hour on Friday. Sign up at the Official Show Register to Win. Many exhibits will be giving away prizes as well!



Visit the SIMPLE TRUTH COOKING STAGE Sponsored by KROGER and check out hourly cooking demonstrations from local chefs and cookbook authors. You can even sample the recipes made on the stage at the end of the demonstrations!

Looking for ways to reduce your home energy usage and save money in the process? MLGW can show you how! Stop by the MLGW exhibit for information about lowering your utility bill and MLGW's programs and services. Be sure to attend one of MLGW's daily do-it-yourself home weatherization workshops to learn how you can save money and preserve the environment. Workshop attendees will also receive an energy conservation kit to help get them started.





Cheers to good times! It's time to relax and unWine with your friends at the Southern Women's Show! Stop by the wine bar and purchase a glass of wine from MADONNA LEARNING CENTER. Proceeds from wine sales will benefit Madonna Learning Center, a school and training center for children and adults with special needs. Bar will be open from 11am to 8pm on Friday and 11am to 7pm on Saturday.

Saturday is MOTHER DAUGHTER DAY sponsored by GOULD'S SPA & SALON. The first 250 guests through the doors on Saturday will receive a swag bag from Gould's. Gould's will also offer a complimentary braid bar on Saturday to help us celebrate Mother Daughter Day.





Olympic Gymnast, LAURIE HERNANDEZ, a Silver and Gold medal winner in Rio, will be appearing at the Show on SATURDAY, MARCH 11<sup>TH</sup>. Laurie, who is just 16 years old, is known for her dazzling floor exercise routine, where she has been nicknamed the "human emoji" for her outgoing facial expressions and for her grace and artistry on the balance beam. She also went on to win the "Mirror Ball" on Dancing with the Stars last fall.

Laurie will appear on the Fashion and Entertainment Stage at 12:45 pm on Saturday.

#COMMITTOSLEEP and accomplish more when you're awake. No coffee? No problem! Make sleep your source of energy with a SLEEP NUMBER mattress. Don't believe it's possible? Stop by your local Sleep Number store or visit their exhibit space at the Southern Women's Show to learn how their innovative sleep solutions can help you gain the quality sleep you need that will lead to a healthier wellbeing.









#677

Play RESPONSIBLY

#### **FASHION & ENTERTAINMENT STAGE**

#### FRIDAY, MARCH 10

KARSILAMA TRIBAL BELLY DANCE | 12:00PM Presented By Karsilama Tribal Belly Dance

> ACCESSORIZE YOUR LOOK | 1:00PM Presented by Charming Charlie at Tanger Outlets

PICK YOUR PURSE BINGO WITH Q 107.5 & SALENA'S ACCESSORIES | 2:00PM

BELLY DANCE FANTASY SHOW | 3:00PM Presented by Mystic River Dance

**CAROLYN'S FINISHING ACADEMY'S** FASHION EXTRAVAGANZA | 5:00PM Presented by Carolyn's Finishing Academy | Featuring Clothing from Lansky 126, The Attic Apparel & EEL, Etc., J'Chic Styling Firm and Milano's Men's Apparel

#### SATURDAY, MARCH 11

MOTHER DAUGHTER LOOK-A-LIKE CONTEST | 10:30AM Presented by WRVR

BRINING OUT THE WORK OF ART IN YOU | 2:00PM Presented by Work of Art Models

FIDO FASHION SHOW | 12:00PM Presented by Humane Society of Memphis & Shelby County

> **MEET OLYMPIAN & WINNER OF** DANCING WITH THE STARS. LAURIE HERNANDEZ | 12:45PM Presented by FM 100

**BRINGING OUT THE WORK** OF ART IN YOU | 2:00PM Presented by Work of Art Models

PICK YOUR PURSE BINGO WITH Q 107.5 & SALENA'S ACCESSORIES | 3:00PM

> **BRINGING OUT THE WORK** OF ART IN YOU | 4:00PM Presented by Work of Art Models

**CAROLYN'S FINISHING ACADEMY'S** FASHION EXTRAVAGANZA | 5:00PM Presented by Carolyn's Finishing Academy | Featuring Clothing from Lansky 126, The Attic Apparel & EEL, Etc., J'Chic Styling Firm and Milano's Men's Apparel

#### **SUNDAY, MARCH 12**

BELLY DANCE FANTASY SHOW | 12:00PM Presented By Mystic River Dance

PICK YOUR PURSE BINGO WITH Q 107.5 & SALENA'S ACCESSORIES | 1:00PM

> **BRINGING OUT THE WORK** OF ART IN YOU | 2:00PM Presented by Work of Art Models

THE COLLECTION | 3:00PM Presented by Major Pieces Boutique

**CAROLYN'S FINISHING ACADEMY'S** FASHION EXTRAVAGANZA | 5:00PM Presented by Carolyn's Finishing Academy | Featuring Clothing from Lansky 126, The Attic Apparel & EEL, Etc., J'Chic

Styling Firm and Milano's Men's Apparel

#### SIMPLE TRUTH **COOKING STAGE**

PRESENTED BY KROGER

#### FRIDAY, MARCH 10

BRUNCH WITH JIM | 11:30AM Presented by Jim Jaggers of WREG News Channel 3

WINNING CORNBREAD RECIPES FROM MARTHA WHITE | 12:30PM Presented by Linda Carman

**SMART BUDGETED MEALS: GARDEN** WRAPS & VEGGIE PIZZA | 1:30PM Presented by Skinny South, www.SkinnySouth.com

**COOKING WITH SIMPLE** TRUTH PRODUCTS | 2:30PM Presented by Kroger Delta

**COOKING WITH LEKEITH SAUCES...** MMMMM IT'S GOOD! | 3:30PM

D'SERVING GOURMET MEALS WITH ANGELA H. BROWN | 4:30PM Presented by D'Serv Healthy Foods

THE BEST BBQ IN MEMPHIS | 6:30PM Presented by Corky's BBQ

#### SATURDAY, MARCH 11

WINNING CORNBREAD RECIPES FROM MARTHA WHITE | 11:30AM Presented by Linda Carman

**COOKING WITH SIMPLE** TRUTH PRODUCTS | 1:30PM Presented by Kroger Delta

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**COOKING WITH LEKEITH SAUCES...** MMMMM IT'S GOOD! | 3:30PM

> MOTHER DAUGHTER DAY TEA PARTY | 4:30PM Presented by Tea BARR Co

#### **SUNDAY, MARCH 12**

**COOKING WITH SIMPLE** TRUTH PRODUCTS | 12:30PM Presented by Kroger Delta

**COOKING WITH LEKEITH SAUCES...** MMMMM IT'S GOOD! | 2:30PM

#### SPOTLIGHT STAGE FRIDAY, MARCH 10

**ENERGYSMART MEMPHIS | 12:30PM** Presented by Memphis Light, Gas and Water

**TOUCHING LIVES WITH** ASHLEY DERAMUS | 1:30PM Presented by Ashley DeRamus Foundation

AMANDA BEST, NURSE PRACTITIONER | 2:30PM Presented by Regional One Health

MINI HAT MAKING WORKSHOP | 3:30PM Presented by Kay's Art of Millinery

"SEE THEY AREN'T SCARY!" FIND OUT WHAT BOTOX INJECTIONS CAN DOFOR YOU | 4:30PM Presented by De La Bella Wellness & Spa

GIRLS NIGHT OUT PAINTING PARTY | 5:30PM With Painting with a Twist

#### SATURDAY, MARCH 11

DO IT HERSELF WORKSHOP | 11:30AM Presented by Home Depot

**ENERGYSMART MEMPHIS | 12:30PM** Presented by Memphis Light, Gas and Water

> KIDS WORKSHOP | 1:30PM Presented by Home Depot

SKIN THROUGH THE AGES - HOW TO TAKE CARE OF AND MANAGE SKIN AT VARIOUS POINTS IN LIFE | 2:30PM Presented by Advanced Dermatology and Visha Skincare

MINI HAT MAKING WORKSHOP | 3:30PM Presented by Kay's Art of Millinery

"SEE THEY AREN'T SCARY!" **FIND OUT WHAT BOTOX INJECTIONS** CAN DO FOR YOU | 4:30PM Presented by De La Bella Wellness & Spa

#### SUNDAY, MARCH 12

**TOUCHING LIVES WITH** ASHLEY DERAMUS | 12:30PM Presented by Ashley DeRamus Foundation

MINI HAT MAKING WORKSHOP | 1:30PM Presented by Kay's Art of Millinery

TRIBAL FUSION BELLY DANCE | 2:30PM Presented by Alima Tribe

KIDS PAINTING PARTY WITH PAINTING WITH A TWIST | 3:30PM

\*TIMES SUBJECT TO CHANGE