

Sweet Potatoes with Sausage & Peppers

- 2 sweet potatoes, peeled, diced and cooked
- 1 T. vegetable oil
- 1 lb. kielbasa or smoked sausage
- 2 red peppers, chopped
- 1 onion, chopped
- 2 tsp. minced garlic
- 1 cup salsa
- 1 tsp. cumin
- salt and pepper to taste

In a skillet, brown the sausage in the oil. Add the peppers, onion and garlic. Cook until the vegetables are tender. Add the salsa and sweet potatoes. Cook until thoroughly heated. Salt and pepper, if needed. May be served over rice.



